Steinbach \& Partner

## Executive Health Programme Healthy leadership, ability to work under pressure

Through our Leadership Development Executive Health (LDEH) Programme, we sustainably promote the health of executives. In doing so, we ensure that executives are able to perform their duties in the long term. Skills such as self-direction, resilience and leading multicultural teams across various time zones are becoming increasingly crucial. The LDEH programme perfectly complements existing personal development training measures for executives. We are happy to tailor the programme to the needs of the organisation or person.

## How the Executive Health Programme with Steinbach \& Partner benefits you:

- You develop your leadership skills based on a holistic view of health-related aspects.
- You receive a customised development plan.
- Your personal development becomes quantifiable, transparent and sustainable.


## Facts \& figures

- Holistic measure tailored to individual needs which can be integrated into existing training programmes
- Clarification of the goals documented in writing at the beginning and a quality review at the end
- Modular design - only those modules that the organisation/person needs are integrated:
- Medical check-up/preventive examination performed by a specialist/hospital
- Burnout risk analysis
- HOGAN® personality assessment conducted by a certified consultant
- LVI® Leadership Versatility Index - $360^{\circ}$ feedback - online format
- Individual interview about the person
- Holistic development plan that has been individually tailored
- Implementation support/coaching by a certified consultant


## Duration \& process



